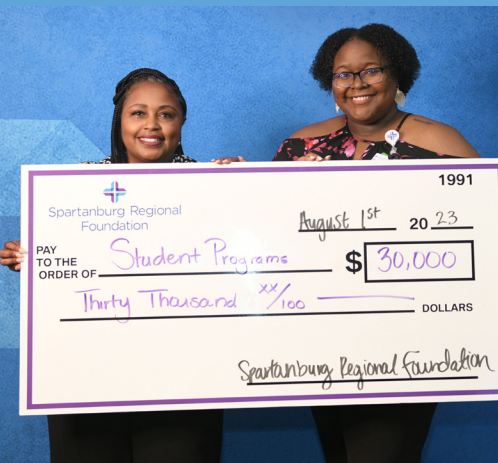


2023 IMPACT REPORT



Spartanburg Regional
Foundation



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HOPE

MADE POSSIBLE BY YOU

Our region is growing, with new buildings joining our city skylines and new families moving to burgeoning neighborhoods.

In 2023, the Upstate announced economic development projects totaling \$2.1 billion in capital investment, with \$1.1 billion committed in Spartanburg County – equal to \$3 million daily.

By 2026, the Upstate is expected to add nearly 90,000 new residents, with more than 79 people moving to the area each day. According to new U.S. Census figures, Spartanburg was the eighth fastest-growing metropolitan area nationwide from July 2022 to July 2023 – tremendous growth that will undoubtedly spur even more significant economic investment.

As the Upstate grows, Spartanburg Regional Healthcare System remains deeply committed to caring for our communities and investing in new facilities and technologies to help our hospitals, providers and associates care for patients closer to home.

In 2023, the healthcare system broke ground on the new Union Medical Center, a \$55 million investment that will ensure convenient, connected care will remain in that community for generations. To make the new campus even more inviting for families, the Spartanburg Regional Foundation embarked on a patient enhancement project, raising \$1.2 million to construct walking trails, a healing garden and other amenities.

The Foundation also awarded 15 community grants and 19 hospital grants, totaling \$587,000 and directed toward improving patient care and helping those in need.

A \$70,000 grant is helping implement the Unite Us software, which creates a referral network between nonprofits and medical facilities. A \$50,000 grant supported nursing clinical education upgrades in the surgical training room at Spartanburg Medical Center, and a \$56,000 grant improved the outdoor courtyard at Cherokee Medical Center.

As we continue investing in all our communities, the longstanding relationship between our healthcare system and the Foundation becomes even more critical. This year, the Foundation celebrated \$100 million in giving – funding that supported some of the most significant capital investments in our system's history.

Supported by the generosity of our associates and community donors, Foundation funding helps our clinical team innovate, fuels projects that improve patient outcomes and connects resources to those who need them most.

As we look to the future, the Foundation's support will continue to help us improve patient care in strategic ways, while reaching more patients than ever. Thank you for your continued support of our healthcare system and the Foundation.

Sincerely,

Bruce Holstien

CEO

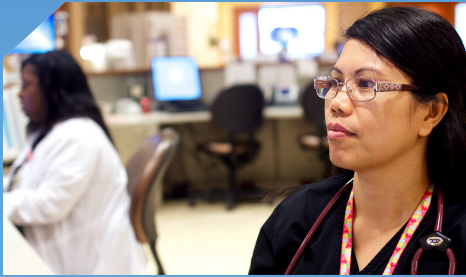
Spartanburg Regional Healthcare System

David Church

President

Spartanburg Regional Foundation

2023 SPARTANBURG REGIONAL HEALTHCARE SYSTEM HIGHLIGHTS



Spartanburg Regional Healthcare System was named “Most Wired” (Level 8 out of 10) by the College of Healthcare Information Management Executives (CHIME) in 2023.



Spartanburg Medical Center was named the Best Regional Hospital in Upstate South Carolina in 2023 by *U.S. News & World Report*. The publication also recognized Spartanburg Medical Center as high performing in COPD; colon cancer surgery; heart attack; heart bypass surgery; knee replacement; leukemia, lymphoma and myeloma; lung cancer surgery; prostate cancer surgery and stroke.

Spartanburg Medical Center was re-designated as Baby-Friendly® by the World Health Organization (WHO) and the United Nations Children’s Fund (UNICEF). In 2021, 2022 and 2023, the hospital was also designated as a HeartCARE Center National Distinction of Excellence.



Union Medical Center launched a new pulmonary rehabilitation program for patients with lung complications such as COPD or soft tissue damage from pneumonia or other illnesses.



Spartanburg Hospital for Restorative Care’s Skilled Nursing Facility was recognized by *U.S. News & World Report* as high performing for short-term rehabilitation, with an overall rating of 5 out of 5.



Cherokee Medical Center opened a new cardiac rehab program to better serve heart patients close to home. Cherokee Medical Center also expanded its hospice services, dedicating five rooms within the facility for patients to receive symptom management in respite care, in addition to making staff available to visit patients in the comfort of their homes.



Pelham Medical Center achieved the Healthgrades Outstanding Patient Experience Award for three years in a row (2021-2023) and was named among the top 5% in the nation for outstanding patient experience in 2022 and 2023. The hospital was also chosen by *Modern Healthcare* as one of the 100 companies and organizations named The Best Places to Work in Healthcare for 2023.

In 2023, Pelham Medical Center became the first Orthopedic Center of Excellence in the Carolinas, a DNV designation that recognizes an organization as a demonstrated leader in the safe delivery of orthopedic services.

Friends,

This year, the impact of donations to the Spartanburg Regional Foundation is evident throughout our community, expanding programs and funding clinical innovations.

Financial contributions to the Foundation enhanced patient engagement, created spaces for teaching and training, and supported healthcare system associates.

This year also marked a milestone for the Foundation as we celebrated giving back \$100 million to the healthcare system and community. This is a tangible expression of our commitment to strategic philanthropy.

As the Upstate continues to grow, the Foundation is proud to support our healthcare system by addressing essential community needs, amplifying their work and providing resources.

I am honored to be a part of a team that works to improve our community through philanthropy every day and look forward to witnessing what we can accomplish together in the years to come.

Sincerely,

Jon Jensen

Chair, Board of Trustees

Spartanburg Regional Foundation



2023

BOARD OF TRUSTEES

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CELEBRATING \$100 MILLION

For more than 30 years, the Spartanburg Regional Foundation has served as a beacon of light and hope for Spartanburg Regional Healthcare System and community organizations throughout the Upstate. This year, the philanthropic division of the healthcare system surpassed \$100 million in giving.

The milestone represents so much more than a financial benchmark. Each dollar represents a program or project that has come to fruition to improve the health and lives of Upstate families. By leveraging these dollars, the Foundation is helping the healthcare system innovate and achieve its mission of advancing health together — within the hospital and beyond.

From capital projects and technological advancements to nonprofit-led programs that break down barriers to quality care, the Foundation's \$100 million in giving has been an essential component of improving health and wellness in the community.

Out of the \$100 million distributed, Spartanburg Regional associates and providers have contributed \$20 million, which speaks to the level of commitment and faith associates have in the healthcare system.

More than \$30 million funded capital projects, including \$6.3 million to Hospice Home, \$16 million to Gibbs Cancer Center at Pelham and \$5 million to the Spartanburg Medical Center Emergency Center.



Gibbs Cancer Center at Pelham
\$16,000,000



Gibbs Cancer Center
\$3,000,000



Bearden-Josey Center for Breast Health
\$2,800,000

Capital Campaign Payments Made

Montgomery Tower	\$3,300,000
Emergency Center	\$5,000,000
Hospice Home	\$6,300,000
Gibbs Cancer Center	\$3,000,000
Bearden-Josey Center for Breast Health	\$2,800,000
Gibbs Cancer Center at Pelham	\$16,000,000
Mobile Mammography	\$1,200,000
Total Capital Campaigns	\$37,600,000

Grants Paid from our General Fund	\$13,200,000
Grants Leveraged from Others <i>(Includes federal and private)</i>	\$20,500,000
Fund Disbursements	\$32,300,000
Total Funds to Support Spartanburg Regional Healthcare System/Community	\$103,600,000



Funding for Spartanburg Regional’s Heart Failure Clinic has led to fewer heart failure patients being readmitted to the hospital by removing potential barriers to their follow-up treatment.

COMMUNITY PARAMEDICINE PROGRAM

REMOVING BARRIERS, IMPROVING STANDARD OF CARE FOR HEART PATIENTS



Kristle Butler, MIH – Community Paramedic

The Spartanburg Regional Healthcare System Heart Failure Clinic supports patients from the comfort of their homes, effectively removing the potential barriers to follow-up visits and reducing hospital readmissions.

In June 2021, the Duke Endowment awarded a three-year grant for a Mobile Integrated Healthcare-Community Paramedicine (MIH-CP) program to use telehealth and a specially trained paramedic to

reach heart failure patients who are at highest risk for readmission or have barriers that prevent them from visiting a heart failure clinic. The community paramedic visits patients in their homes, provides education, assists with resource paperwork, draws labs, and uses an interactive tele-stethoscope and other remote monitoring devices to assess their health status.

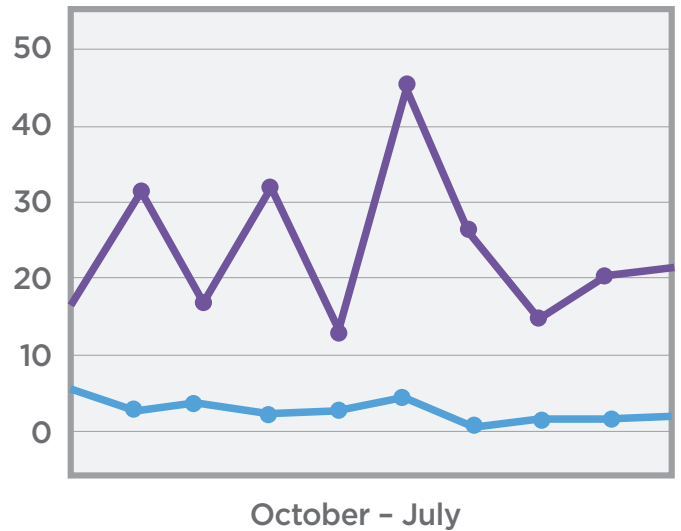
The paramedic uses telehealth to connect patients with a nurse practitioner for virtual follow-up visits after hospitalization to optimize dosing of evidence-based heart failure medications. The community paramedic assists in connecting the patient with community and hospital resources to encourage participation in clinic visits and improve overall care management.

The Heart Failure Clinic, in partnership with the Medical Group of the Carolinas – Cardiology and Spartanburg Regional Home Health, has made major strides in reducing barriers to patient care.

“This program has been an amazing resource for some of our most at-risk patients,” said Meredith Fortner, Spartanburg Regional’s system director for heart and vascular services. “Heart failure patients, in general, have many challenges in daily life, ranging from impaired mobility and lack of stamina to managing the financial impact of their disease. Our team intervenes to assess any barriers that our patients may have, to maximize their health and help them enjoy the best quality of life possible while living with heart failure.”

Many patients from rural areas lack family resources, finances or reliable transportation to get to the clinic. Heart failure patients may be physically frail or even bedbound, making traveling to a clinic especially challenging. In the past, these patients would often end up in the emergency room.

— Hospital readmissions prior to MIH-CP (2022)
— Hospital readmissions after MIH-CP (2023)



Since launching the program, hospital readmissions among heart failure patients enrolled in the community paramedicine program **decreased by 90%**, and emergency room visits declined **by 83%**, according to 2022-23 data.

“Community paramedicine focuses on reaching the patients who often fall through the cracks and provides them needed care and resources,” Fortner said.

Recognizing a trend in more mental health emergencies among adolescents, Spartanburg Medical Center worked with community partners to better address acute mental health crises. Your donations to the Spartanburg Regional Foundation funded the creation of a new unit within the Emergency Center to serve young patient populations in 2023.

ADOLESCENT HEALTH

SPARTANBURG REGIONAL FOUNDATION EFFORTS LEAD TO IMPROVED OUTCOMES FOR YOUNG PATIENTS IN CRISIS

A spike in adolescent anxiety and depression during the pandemic revealed a need to ensure children experiencing acute mental health crises receive the right level of support.

The Spartanburg Regional Foundation funded the creation of a new unit within Spartanburg Medical Center's Emergency Center to serve young patient populations specifically.

The newly designed space includes patient rooms, a nurses station and a communal area with furniture and artwork. The aesthetics are intentional and designed to foster a calm, comforting atmosphere for patients and their families.

Before this transformation, Spartanburg Area Mental Health used a grant to launch the Child and Adolescent Family Engagement Center (CAFÉ), an intermediary location outside the Emergency Center to screen young patients better and provide care before determining if those patients need emergency services. The CAFÉ has become the first point of contact for children with non-life-threatening mental health concerns. Once assessed, children still in need of emergency services are escorted to the adjacent Emergency Center wing for treatment.

This change has led to young patients receiving better treatment based on their specific needs and has

relieved the Emergency Center's capacity.

"The CAFÉ has been a great alternative: it has provided immediate intervention but has kept adolescents out of the emergency room," said Jennifer Combs, RN, a forensic nursing coordinator at the Emergency Center.

Even with the CAFÉ, the need for a calming space for youth inside the Emergency Center still existed. The Emergency Center's behavioral health unit is designed for adult patients, so there were times when younger patients' mental health emergencies were exacerbated by environmental factors. But the renovated Emergency Center space, specifically designed for children and teenagers, has led to better patient outcomes in a calmer environment.

The commitment to making these improvements highlights the ongoing work of the Spartanburg Regional Foundation to identify needs and form partnerships that improve priority areas. Adolescent health is one of these areas.

Since implementing the changes, those dedicated to improving adolescent health in the Emergency Center space have seen noticeable improvements.

"A few years ago, we noticed the Emergency Center had a significant number of pediatric patients presenting for behavioral health concerns in the adult



Keith Hill, grants project manager, and Jennifer Combs, Spartanburg Medical Center, forensic nursing coordinator

behavioral health unit,” Combs said. “We started to recognize the need for more adolescent-friendly areas. Now, with a colorful mural on the wall and some new furniture, the space still meets all the behavioral health requirements but has a more friendly atmosphere.”

With this new structure of care, the Spartanburg Regional Foundation brought school leaders into the equation to work out the proper protocols and screening tools that made more sense for what is now being offered.

“This project is helping by bringing key players to the table, openly discussing mental health care and providing access to care without stigma associations,” said Brittany Cole, RN, nurse manager of the Emergency Center behavioral health unit.

By bringing together community leaders, schools and mental health providers, the Foundation helped convene strategic partners who implemented the behavior threat assessment and management processes and suicide screenings to standardize referral protocols for appropriateness of care.

Not every adolescent behavioral health patient needs the Emergency Center, leaders have learned, and some patients can be better cared for through the CAFÉ, thus keeping the Emergency Center open for emergencies. For adolescents experiencing emergencies, the redesigned space has yielded so many positive results.

“Being in the adult behavioral health unit environment can be traumatic to children already dealing with concerning health issues,” said Combs. “Ideally, we would like to provide them services in an outpatient setting, with clinicians who specialize in that space. Clinicians can recognize that children aren’t just adults in smaller bodies. Environmental factors make a huge difference.”

Improving adolescent patient care is possible only through the availability of funding and resources. Ongoing support of the Spartanburg Regional Foundation has allowed leaders to explore ways to improve priority areas.

GRANTEE CELEBRATION

SPARTANBURG REGIONAL FOUNDATION GIVES NEARLY \$600,000 TOWARD HEALTH INITIATIVES

The Spartanburg Regional Foundation's grant program allocated nearly \$600,000 toward health initiatives and programs throughout the Upstate in 2023.

Spartanburg Regional Healthcare System leaders and community partners gathered for a grantee celebration in August to honor those who were selected. Fifteen community grants were awarded along with 19 hospital grants, totaling \$587,000 directed toward improving patient care and helping those in need.

"We deeply value the importance of investing in not just our healthcare divisions and initiatives but the community in which we want our patients to thrive," said Polly Edwards-Padgett, senior director of strategic philanthropy for the Foundation.

Easels were set up throughout the gathering at the University of South Carolina Upstate to highlight each grant recipient and provide a visual representation of how their needs will be met.

"The generosity and compassion of our donors are the reasons the initiatives and projects that you learn about tonight in the gallery of grantees are feasible. And on behalf of the Foundation, we cannot thank you enough for your giving," Edwards-Padgett said during the celebration.

The largest Spartanburg Regional grant was \$70,000 to Community Health to implement the Unite Us software within the system. This software will work as a referral network between nonprofits and medical facilities to better serve those in need.

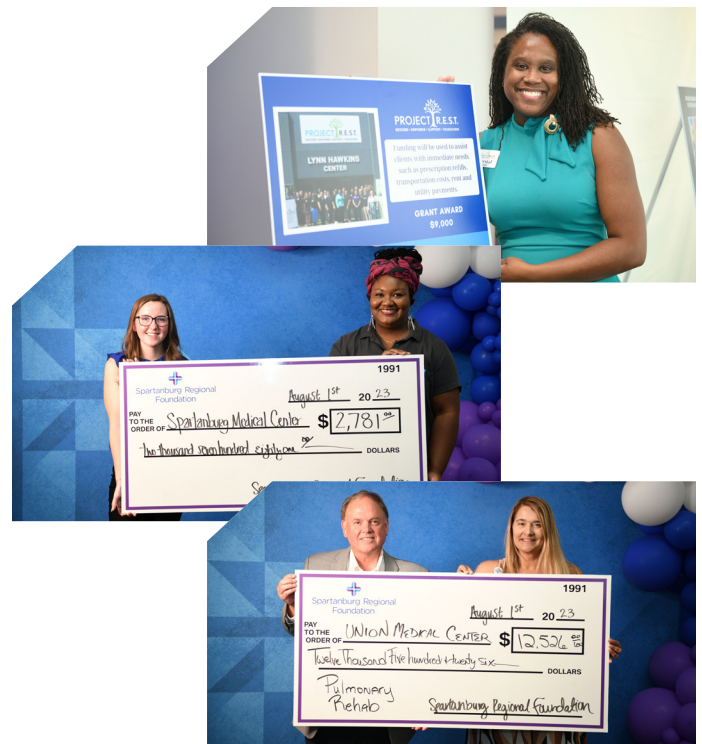
A \$50,000 hospital grant will go toward nursing clinical education, specifically to make upgrades in the surgical training room at Spartanburg Medical Center.

Funding for Spartanburg Community Dental Center will pay for new equipment and help the organization expand to continue to serve many Spartanburg Regional patients.

An \$8,500 grant to The Period Project will provide funding for menstrual products for those with limited access in Spartanburg, Cherokee and Union counties.

A \$7,500 grant for the BattleBetty Foundation will help the organization continue to provide shelter and healthcare needs for women who are military veterans.

Lib Fleming, Spartanburg Regional Foundation grants and allocations committee chair, said making decisions on where funding will be allocated is difficult because of the incredible work being done throughout the community.



Below is a list of hospital and community grant recipients:

- **Cherokee Medical Center – \$56,032**
The grant will fund an upgrade to the outdoor courtyard at Cherokee Medical Center used by staff, patients and visitors.
- **Cherokee Medical Center Project SEARCH – \$15,796**
This grant will fund educational supplies and learning programs for Project SEARCH interns.
- **Community Health - Unite Us – \$70,000**
These funds will help implement an electronic referral platform connecting Spartanburg Regional to community-based organizations to improve coordination and continuity of care for patients.
- **Corporate Education – Student Programs – \$30,000**
This grant will fund educational supplies and video production highlighting careers in health care for middle school and high school students.
- **Ellen Sagar Nursing Center – \$25,000**
The grant will fund the creation of a secure outdoor area that cognitively impaired residents can access safely.
- **Spartanburg Medical Center Nursing Clinical Education – \$50,000**
This grant will provide funding for updates to the current surgical training room at Spartanburg Medical Center.
- **Pelham Medical Center Community Outreach – \$6,000**
This grant will provide digital literacy workshops to bridge the gap in the self-sufficient use of mobile technology for patients.
- **Pelham Medical Center Education Department – \$50,000**
This grant will assist in the purchase of a high-fidelity simulation manikin for associate education and competency completion.
- **Regional HealthPlus – \$10,000**
This grant will allot funds to create a Regional HealthPlus fund to support patients in need.
- **Spartanburg Medical Center – Mary Black Campus Rehabilitation Services – \$3,506**
These funds will help purchase Alternative Augmentative Communication apps and iPads for patient communication therapy.
- **Spartanburg Medical Center Rehabilitation Services – \$1,542**
This grant will purchase a training manikin for safe patient handling and mobility to prevent musculoskeletal injuries.
- **Spartanburg Medical Center – \$2,781**
These funds will help purchase SAFE Boxes that give patients options for safe mental stimulation and engagement in activities.
- **Spartanburg Regional Ambulance Services – \$25,495**
These funds will help create a training site that would be used to provide continuing education and training for paramedics and EMTs.
- **Spartanburg Regional Emergency Management – \$7,868**
This grant will purchase technology to prevent, prepare for, and monitor any emergency incident that may occur on all campuses.
- **Spartanburg Regional Family Medicine Residency Program – \$32,500**
This grant will fund the implementation of eating disorder awareness and prevention education for providers through videos and other materials.
- **Spartanburg Regional Security – \$64,709**
This grant will provide ballistic vests to all Spartanburg Regional security officers as well as a course on survival tactics for officer and patient safety.
- **Spartanburg Regional Volunteer Services – \$840**
This grant will be used to purchase a volunteer cheer cart to provide activities and comfort items to improve inpatient and visitor experiences.
- **Spartanburg Regional Trauma/Acute Care Surgery Services – \$5,000**
These funds will assist patients being discharged from the Trauma/Acute Care unit, including medical equipment and medications.
- **Union Medical Center Pulmonary Rehab – \$12,526**
These funds will purchase two recumbent bikes and two treadmills for patients to use in pulmonary rehab.

- **Academic Technology and Wellness Academy – \$9,000**
These funds will support the Wellness Starts Here program to promote wellness among children and their families in Cherokee County.
- **Angels Charge Ministry – \$7,500**
These funds will provide counseling services and basic health care for women in crisis.
- **BattleBetty Foundation – \$7,500**
These funds will provide one-on-one case management for women veterans.
- **C4 Services, Inc. – \$5,000**
This grant will provide crisis care and housing for residents in Union County.
- **Children’s Cancer Partners of the Carolinas – \$6,000**
These funds will help cover costs of travel, food and lodging for families whose children are undergoing treatment for cancer.
- **FAVOR Upstate – \$9,000**
These funds will support comprehensive, research-based services to combat substance abuse disorders among residents of Spartanburg, Cherokee and Union counties.
- **Healthy Smiles of Spartanburg – \$9,000**
These funds will support expanded dental care for children in Spartanburg and Cherokee counties.
- **Lions Vision Services – \$6,000**
This grant will expand access to eye care, saving or restoring sight for vulnerable populations in the Upstate.
- **Project R.E.S.T – \$9,000**
This grant will be used to assist clients with immediate needs such as prescription refills, transportation costs, and rent and utility payments.
- **Servants for Sight – \$5,000**
This grant will support screening events in Spartanburg at AccessHealth and St. Luke’s Free Medical Clinic for connection to vision care, including glasses and eye surgery.
- **Spartanburg Community Dental Center – \$9,300**
This grant will be used to purchase additional equipment necessary to expand dental services to the most vulnerable in Spartanburg.
- **St. Luke’s Free Medical Clinic – \$8,000**
This grant will expand efforts in managing chronic conditions such as hypertension and diabetes for all patients.
- **The Family Effect – \$8,600**
This grant will help to ensure continued access to medically supervised, residential detox services for Spartanburg, Union, and Cherokee county residents at The Phoenix Center.
- **The Period Project – \$8,500**
This grant will provide menstrual products for those with limited access in Spartanburg, Cherokee and Union counties.
- **Upstate Family Resource Center – \$10,000**
This grant will fund a pilot a program to provide linguistically appropriate counseling services to the Latino population in Spartanburg.



VIDA Y SALUD

CONNECTING OUR LATINO COMMUNITY TO ESSENTIAL RESOURCES

Nora Curiel-Munoz sometimes misses her work as a chemical engineer in Mexico, but she realizes the impact she's making as program coordinator of *Vida y Salud*.

"When I came here, my eyes were opened to all the needs of Latino families and how they struggle when they come to this country," said Curiel-Munoz. "Some immigrants don't have documents, or they don't speak the language."

Vida y Salud (Life and Health) supports the Latino community through education, advocacy and leadership development. Curiel-Munoz networks with other community organizations in the Spartanburg area to make sure the Upstate's fast-growing Latino population has the resources to succeed.

Through statewide programs in 2022, *Vida y Salud* connected 6,173 adults and children to health and community service programs and assisted 3,727 people in applying for Medicaid, placing them with primary care doctors and specialists.

Connect Spartanburg, an adolescent health initiative housed at the Spartanburg Regional Foundation, is honored to partner with *Vida y Salud* and provide grant funding for its programs that connect the Latino community to much-needed resources in the Upstate. The Foundation provided \$75,000 in private and federal funding toward mental health services.

Specifically, funding has gone toward partnering with bilingual clinicians to deliver mental health services to adolescents and their families,

providing training for two community health workers and hosting education workshops for behavioral health workers and parents.

The organization also advocates for education, starting with early childhood development, which is vital. According to the U.S. Census, in the last 20 years, South Carolina has seen a significant increase in the Latino population under the age of 15.

"We have created a lot of collaborations and have been able to connect many families with resources," Curiel-Munoz said. "We need to continue to serve more families."

For *Vida y Salud* participant Lupita Chavez Melo, the organization is important because many Latinos move to the area and experience barriers that affect quality of life.

"The Hispanic community is very isolated," Lupita said. "We sometimes don't go to the doctor. We don't have a car, and we don't speak English. We have many barriers. So, the program has benefited a lot of people, whether it's helping them get a doctor's appointment or providing access to food. Many people have received these benefits."

Since 2017, Lupita said she has participated in every *Vida y Salud* program, which also works through her church to offer parenting and cooking classes, mental health programs, toys for children at Christmas and turkeys at Thanksgiving.

Because of the assistance her family has received, she now has two children in college, with her



Nora Curiel-Munoz

daughter receiving a \$4,000 scholarship. Her son and daughter are the first in her family to attend college.

“Sometimes Latinos don’t feel that college is for us,” Lupita said. “This scholarship is a big opportunity for my children. Now I spread the word to my community that they can go to school, too.”

“I’m kind of the messenger for *Vida y Salud*. When someone tells me they cannot go to the doctor, I say, ‘No, you can! Go to *Vida y Salud* and they will help you get an appointment!’ Or, they say, ‘I don’t know how to fill out forms.’ I ask my children to help. If they aren’t available, then I give them the *Vida y Salud* number.”



Lupita Chavez Melo

Curiel-Munoz finds Spartanburg organizations and foundations willing to listen to the needs of the Latino community and collaborate for families like Lupita’s.

“Nobody can do everything,” Curiel-Munoz said. “Every single organization has different strengths, and if we put all our efforts together, we can create change. Every single part of the machine moves something. I really think Spartanburg has something special. Our organizations are willing to create change. They are willing to listen, and they are willing to provide the funds to better serve our community.”

Thanks to donors, the Spartanburg Regional Foundation recently provided a three-year grant of \$210,000 for Spartanburg Regional Healthcare System to implement Unite Us — a software platform that helps community partners collaborate and connects patients to local organizations that provide resources such as transportation, food, housing, finances and more.

UNITE US

SPARTANBURG REGIONAL FOUNDATION FUNDS INNOVATION TO ‘UNITE’ PATIENTS WITH COMMUNITY PARTNERS

A new software platform is establishing stronger connections between health care and community partners to address the non-medical factors that impact the health of patients.

The social determinants of health have been shown to have a greater influence on health than either genetic factors or access to healthcare services. Social determinants of health are the conditions in which people are born, grow, work, live and age, and the wider set of forces and systems shaping the conditions of daily life. These include economic stability, education, health care, safety and available resources.

The Spartanburg Regional Foundation recently provided a three-year grant for \$210,000 to the healthcare system to implement Unite Us, a software platform used by community partners to collaborate across various sectors of the community and to connect patients to local organizations that provide resources such as transportation, food, housing and finance.

Unite Us is the nation’s leading software company enabling collaboration across sectors to improve the health and well-being of communities. Unite Us identifies social care needs, helps connect people

to services and leverages data to further drive community investment.

The pilot will launch with three departments: AccessHealth, Inpatient Case Management and Regional HealthPlus. Each of these groups will use Unite Us to make referrals and stay connected to the services that individual patients have received or are still needing from community partners.

This referral network will benefit patients struggling with chronic health conditions who also have difficulties with transportation, finances or access to housing or healthy food options.

With the touch of a button, a provider can send a referral to an outside organization requesting assistance with housing, food or myriad other needs. That organization is then encouraged to respond within 48 hours to complete the process.

“This software is exactly what our health system needs — a valuable tool that prioritizes cross-sector collaboration to align with our health system’s efforts,” said Carey Rothschild, system director of community health policy and strategy for Spartanburg Regional. “I am thankful for the Spartanburg Regional Foundation’s instrumental support to make this a reality and put patient care first.”



AccessHealth Spartanburg team

A ‘game-changer’

Unite Us is a particularly valuable tool in supporting our most vulnerable populations, such as uninsured and underinsured individuals.

AccessHealth Spartanburg coordinates care for low-income and uninsured people. Adding the Unite Us platform as a tool will strengthen AccessHealth’s ability to connect and provide the appropriate level of care for others.

AccessHealth Spartanburg Director Staci Roberts said the organization depends heavily on ongoing relationships with community organizations that provide additional medical and social resources for clients.

“Having a tool that provides an open line of communication to ensure our clients receive

the services they need is a game-changer for AccessHealth, the system and our community,” Roberts said.

Senior Director of Strategic Philanthropy Polly Edwards-Padgett said the Foundation recognizes the importance of investing in healthcare innovation.

“This technology allows us to bridge together community and health care to improve health outcomes,” Edwards-Padgett said. “This will not only support our patients’ needs but provide insight on the community’s philanthropic needs.”

To learn more about the Unite Us software, go to UniteUs.com/Networks/South-Carolina.

MY BROTHER'S KEEPER

MY BROTHER'S KEEPER TAKES MENTORSHIP TO A NEW LEVEL, RAISING THE NEXT GENERATION OF LEADERS

Antiwan Tate knows firsthand the importance of a young man having a mentor.

“My life was changed by having a mentor,” said Tate, executive director of My Brother’s Keeper Alliance of South Carolina. “Having a mentor created an avenue for me to look at things and look at life through a different lens. Having a mentor can give positive reinforcements and exposure to different opportunities.”

My Brother’s Keeper (MBK) Spartanburg is doing just that for young men of color. Through community and school-based partnerships, the organization provides opportunities for positive development, mentoring, progressive relationships for young people and a safe space for their voices to be heard.

The Spartanburg Regional Foundation has partnered with My Brother’s Keeper through the philanthropic support of Connect Spartanburg to make intentional mentorships and youth programming successful.

Tate is the 2024 recipient of the Dr. George Newby, Jr. Health Equity Leadership Award. Presented by the Mary Black Foundation, the award recognizes an individual or organization working to advance health equity by ensuring that all people in Spartanburg County have access to opportunities for health and well-being regardless of who they are or where they live. In March, MBK launched the Empower Youth Leadership Academy, which holds workshops and gives participants the chance

to learn more about manufacturing, healthcare providers and community organizations.

“We are developing and creating the leaders of tomorrow,” Tate said.

From the city of Spartanburg to the county’s rural areas, My Brother’s Keeper is having a positive impact on standardized test scores, grades, attendance and behavior, according to reports.

“When we realize that young people are achieving, they are closing the academic gap,” Tate said.

“We see the exponential increase in the results of young men — African American, Latin, Latinx and Hispanic young men — who typically, when it comes to a lot of test scoring, are in the lower threshold of scores.”

To highlight the impact of My Brother’s Keeper, Tate said that out of a roster of 60 children, everyone had positive statistical growth in one or multiple school subjects.

“This is why we’re doing the work,” he said.

Tate is particularly proud of the community partnership with Spartanburg law enforcement. It has brought young men of color — often subject to biases and stereotypes — to the table to discuss their concerns with local law enforcement officers. Students learn from the officers while officers learn from the young men, Tate said.

Daekwon Carpenter-Bishop joined MBK Spartanburg as a sixth-grader at Carver Middle School. Not only did the organization introduce

him to other young men at other schools and get him out of his comfort zone, but it also provided him with mentors who helped him identify his leadership skills.

“The mentors have been a big help in my life with everything that I go through,” Carpenter-Bishop said. “Connecting with Mr. Tate, getting to know him on a deeper level and understanding his background, understanding that we shared similarities growing up, has been a big help. Mr. Tate and other mentors are there for me any time I need them. Everybody needs to have something like MBK. I feel like everybody deserves a mentor.”

Kymani Williams joined MBK Spartanburg in middle school. After realizing what the organization has done for his life, he wants to become a mentor as he attends college.

“When I was in seventh grade, I was a ‘knucklehead,’ as one of my mentors would say,” said Williams. “I was a goofy class clown. That lasted throughout all of middle school until I really got involved in MBK throughout my high school years.”

My Brother’s Keeper not only inspired Williams to change but also motivated him to help others. His story is just one example of how the program is impacting the community through authentic and intentional mentorships.

“Once I got involved, my behavior changed,” Williams shared. “My mentors really opened my eyes.”



Antiwan Tate

The Spartanburg Regional Foundation prioritizes adolescent health and wellness through community partnerships, ensuring teens have access to high-quality, out-of-school-time opportunities. Three-year federal funding, housed at the Foundation’s Connect initiative, has allowed MBK to expand to four middle schools through training facilitators and opportunities for positive youth development activities.

“MBK is a notable example of the importance of long-term, consistent programming with caring, trusted adults and how it can improve adolescent health and wellness,” said Keith Hill, grants project manager for the Foundation.

UMC CAPITAL CAMPAIGN

FOUNDATION LEADS PATIENT ENHANCEMENT PROJECT FOR NEW UNION MEDICAL CENTER



Excitement surrounding the new Union Medical Center grew throughout 2023, with residents contributing financially to a project that will make the campus even more inviting for patients, visitors and the community.

In February, Spartanburg Regional Healthcare System announced plans to construct a \$55 million replacement hospital along Highway 176, across from the Union Industrial Park. In June 2023, legislators, Upstate dignitaries, Spartanburg Regional associates and Union County leaders gathered with shovels in hand to commemorate the groundbreaking and signify a renewed commitment to providing excellent health care in Union County.

Once complete, the three-story, 99,600-square-foot facility will create a sustainable model for health care in Union County that centralizes physician practices, outpatient services and inpatient care.

In support of the effort, the Spartanburg Regional Foundation launched a Patient Enhancement Project to create places for quiet reflection, community gatherings and active living, including a chapel, gardens and a one-mile walking trail.

Project co-chairs Dr. David Berry and Dr. Bill James guided the campaign, which was bolstered by major donations from J. Carlisle Oxner III, chairman and president at Arthur State Bank; living legend and music icon Dolly Parton; and Barbara Harter Rippey, well-known



L to R: J. Carlisle Oxner III, Dr. David Berry, Barbara Harter Rippey, Dr. Bill James and Brenda James

philanthropist and former owner of Smith's Drug Store in Union.

"The excitement around the new Union Medical Center is palpable in this community," said Paul Newhouse, president of Union Medical Center. "Certainly, the efforts of the Spartanburg Regional Foundation will make our new campus even more welcoming for families."

In total, the Foundation raised \$1.2 million that will be used to further enhance the campus.

The new Union Medical Center is expected to be completed in 2025.

To learn more and keep up with the progress, visit **Go.SRHS.com/Donate-UMC**.

OUTSTANDING NURSE OF THE YEAR

SPARTANBURG REGIONAL NURSES HONORED WITH DAISY, MCMILLAN AWARDS

‘I JUST LOVE MY PATIENTS’

For Cina Johnson, RN, caring for and loving others just comes naturally.

“I haven’t done anything other than what I feel like I’m supposed to do,” she said of her role as a nurse in Spartanburg Regional Healthcare System’s Post-Acute Division. “I just work from my heart.”

Johnson was named the Jo Ann McMillan Outstanding Nurse of the Year for Spartanburg Regional Healthcare System in 2023.

Johnson was one of five nurses across the system recognized as part of the national DAISY Award program during a ceremony at the Spartanburg Regional Foundation.

“I don’t feel like I’ve done anything special. I just love my patients. I treat every single person like they’re my family,” Johnson said. Johnson’s mother and sister also attended the ceremony.

A \$500 award went to one DAISY winner for each facility, while Johnson received an additional \$500 for being the system-wide winner. Winners were chosen by a selection committee after patients and colleagues nominated them in 2022.

The other award winners were:

Kristie Shires, RN
Cherokee Medical Center

Jenna Martin, RN
Pelham Medical Center

Tammie Swanger, RN
Spartanburg Medical Center

Cassie Horne, RN
Union Medical Center

Chief nursing officers from each facility presented the awards to the winners and read from their nominations. Reflections from patients centered on each nurse’s remarkable acts of kindness, compassion, generosity, integrity and “going the extra mile.”

“We are all blessed for your service to the system,” said Mary Jane Jennings, vice president and chief nursing officer for Spartanburg Medical Center. “This is what nursing is all about — sharing with each other.”





L to R: *Tammie Swanger, RN, Spartanburg Medical Center; Jenna Martin, RN, Pelham Medical Center; Cina Johnson, RN, Post-Acute Division; Jo Ann McMillan; Kristie Shires, RN, Cherokee Medical Center; Cassie Horne, RN, Union Medical Center*

The system-wide Outstanding Nurse of the Year Award presented to Johnson is named after Jo Ann McMillan, who began her career as a bedside nurse and later became the first executive director of the Spartanburg Regional Foundation.

McMillan presented the awards to each winner as they were announced. Some award presentations were met with tearful hugs of gratitude.

“This means everything to me,” McMillan said. “To me, nursing is the most outstanding profession you can choose. Or does it choose you? You can’t be a nurse unless you have a heart for it. To see all these people come together means a lot. I couldn’t think of anything that could make me happier and proud.”

With eating disorders on the rise, Spartanburg Regional Healthcare System's Family Medicine Residency Program identified a need to provide further training for medical professionals. Your donations to the Spartanburg Regional Foundation funded two extensive training courses on eating disorders in 2023.

SPARTANBURG REGIONAL FAMILY MEDICINE RESIDENCY PROGRAM EDUCATING PHYSICIANS IN TRAINING ON EATING DISORDERS

Family medicine residents are trained to care for the whole family, covering a wide range of health topics and challenges.

Thanks to Spartanburg Regional Foundation donors, Spartanburg Regional Healthcare System's Family Medicine Residency Program is providing additional education on a topic that is affecting an increasing number of families.

"Until recently, eating disorders have largely been overlooked in the clinical education setting," said Maggie Gainey, a licensed clinical psychologist and faculty member for the Family Medicine Residency Program.

In 2023, Gainey and collaborating Edward Via College of Osteopathic Medicine (VCOM) faculty led two extensive eating disorder assessment and prevention training courses. Medical students at VCOM and family medicine residents at Spartanburg Regional who attended are now better equipped to discuss eating disorders with patients and families, and better prepared to spot symptoms, diagnose conditions and provide treatment.

Now the program is developing additional content for a mobile app that others will be able to access to complete further training and access additional resources on eating disorders, signs, statistics,

symptoms and treatments. The long-term goal is for the app to provide a sustainable educational system for medical students and residents on eating disorder issues.

"We want to create a sustainable educational model with information and videos around mental health topics," said Gainey. "There will be a whole section on training doctors about eating disorder issues. They don't get very much by way of education about eating disorders in medical school or residency, so that's part of the reason for this collaboration."

In-person trainings in 2023 involved an eating disorders expert, Dr. Timothy Brewerton, a child-adolescent-adult psychiatrist with the Medical University of South Carolina; Dr. Natalie Fadel, an associate professor of psychiatry and neurobehavioral sciences at VCOM; and Dr. Alexis Stoner, the discipline chair for epidemiology, community and public health and preventive medicine at VCOM.

Through a video platform, videos were produced by Resiliency Technologies and made accessible to Spartanburg Regional Healthcare System employees through the Mindful Matters app.

The prevalence of eating disorders — from anorexia to binge-eating — has risen since the pandemic, according to Gainey.



Maggie Gainey, PhD

“It is a real problem. With higher rates of anxiety, it has led to different behavioral issues,” she said. “Through conversations with parents, we became more acutely aware of how limited education was for medical students and residents around these issues.”

Through this training, more medical professions will be equipped to navigate hard conversations with patients.

“We are teaching medical professionals how to be more sensitive to those issues and know how to ask the right questions that will allow someone to feel safe talking about those things,” said Gainey. “It’s not easy, but this helps promote the overall wellness and health for a person.”

Only 1 in 10 people with eating disorders receive treatment

Eating Disorder Statistics (state.sc.us)

Anorexia is the 3rd most common chronic illness among adolescents

Eating Disorder Statistics (state.sc.us)

1/3 of high school and college students experience disordered eating

www.nationaleatingdisorders.org/statistics

IN 2023, THE SPARTANBURG REGIONAL FOUNDATION CELEBRATED MORE THAN \$100 MILLION IN GIVING BACK TO SPARTANBURG REGIONAL HEALTHCARE SYSTEM AND THE COMMUNITIES WE SERVE.

Over the past three decades, healthcare system associates have been among the most passionate supporters of the Foundation, contributing more than \$20 million through the annual Employee Campaign. Those on the front lines of patient care see the impact their gifts make on the lives of local families and the overall well-being of our community.

Thank you to all our associates who support the Foundation's work.

I have been an associate with Spartanburg Regional Healthcare System for 35 years and have seen over the years countless ways in which the Foundation has helped people.

There are always needs among my fellow associates, so it is a blessing for them to receive donations during times when they face specific hardships. The fact that we can donate to specific areas where we have a strong connection makes us feel a part of things.

Cancer has impacted my family several times, so I designated my donations there for a long time.

The many programs that the Foundation supports help to keep our system among the top healthcare systems in the Upstate, and I am so proud to be a small part of that.

Doc Hines

Electrician

Pelham Medical Center



As a physician leader, I have been fortunate to witness firsthand the impact the Spartanburg Regional Foundation has on direct patient care, whether that's through financial assistance for patients or investments in clinical innovation.

Donations from providers and associates assist families in tangible ways that promote wellness and reduce hospitalizations. From funding cardiac rehabilitation for those in need to supporting patients undergoing cancer treatment, these dollars change lives.

As a healthcare system, Foundation grants provide avenues for advancing our technology and training. The new nursing education simulation lab, for example, is supported by donations from associates across the system and is using the latest technology to train our nurses and the next generation of caregivers.

These investments span our entire service area, from upgrading the outdoor courtyard at Cherokee Medical Center to purchasing a high-fidelity simulation manikin for education at Pelham Medical Center.

The efficacy of Foundation giving is apparent in our work each day, and it's one of the reasons I'm proud to donate each year.

Dr. Charles Morrow

System Chief Clinical Officer & Executive VP



I have worked for Spartanburg Regional Healthcare System for many years now, starting as a volunteer at Spartanburg Medical Center. Now, as a patient access representative at Pelham Medical Center's Emergency Department, I have seen firsthand how the Spartanburg Regional Foundation's funds touch the lives of so many people.

The Foundation has so many connections within the community. I'm certain that someone across Spartanburg County is touched in a meaningful way every single day through these funds. Every aspect of well-being is important to those in need. As one of many employees of Spartanburg Regional, I consider it a privilege to be able to give back in this way.

Detra Crosby

*Patient Access Representative
Pelham Medical Center*



REACHING NEW HEIGHTS IN GIVING HANGAR B TO HANGAR A



After a five-year hiatus, one of the Spartanburg Regional Foundation's most beloved events returned with an upgrade to Hangar A. Together, we celebrated \$100 million in giving to Spartanburg Regional Healthcare System and our community.

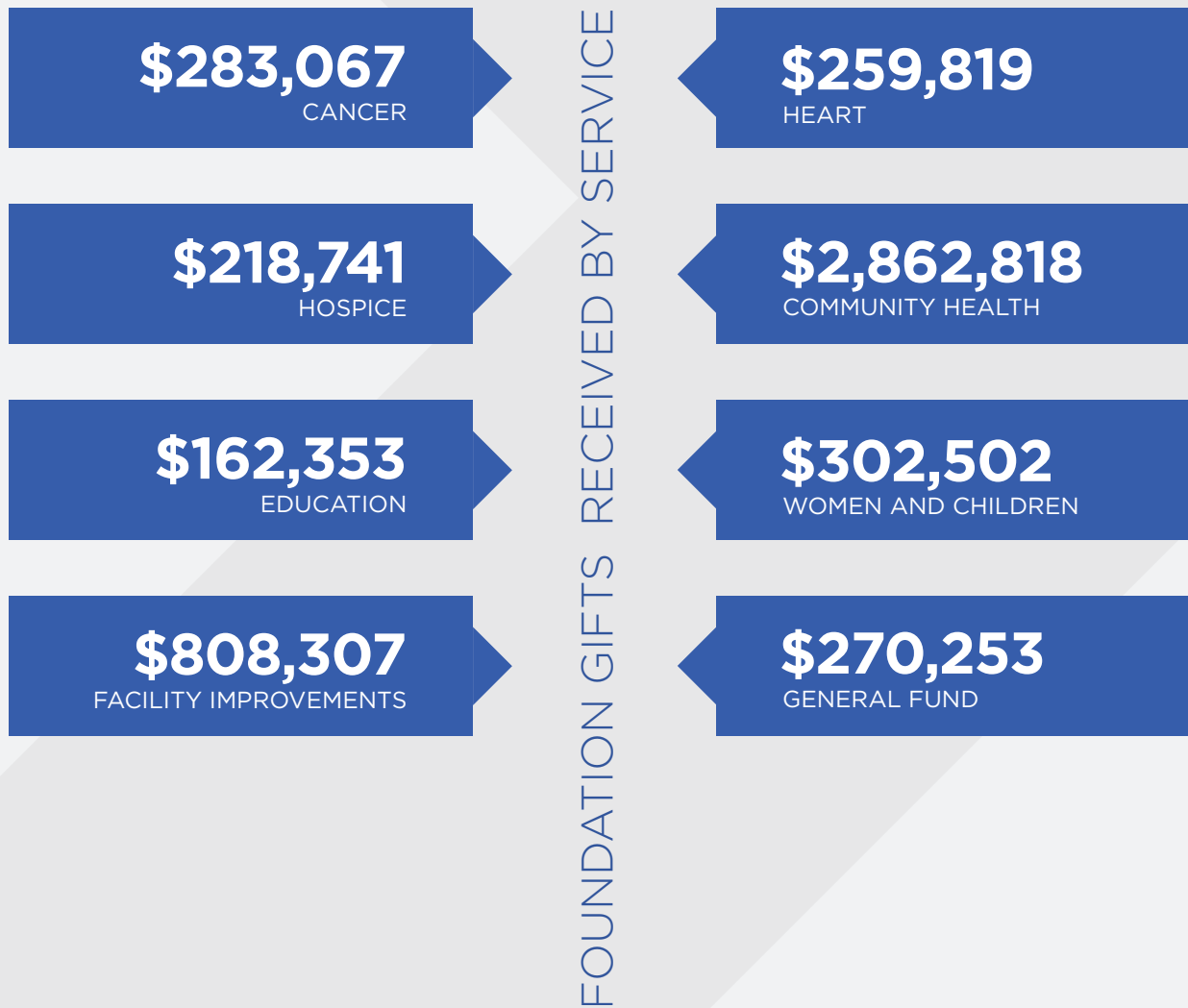
With more than 1,000 tickets sold, attendees danced the night away with Party on the Moon and enjoyed food from Midway BBQ.

The event raised over \$110,000, which will help support community health and wellness.





FOUNDATION FINANCIALS

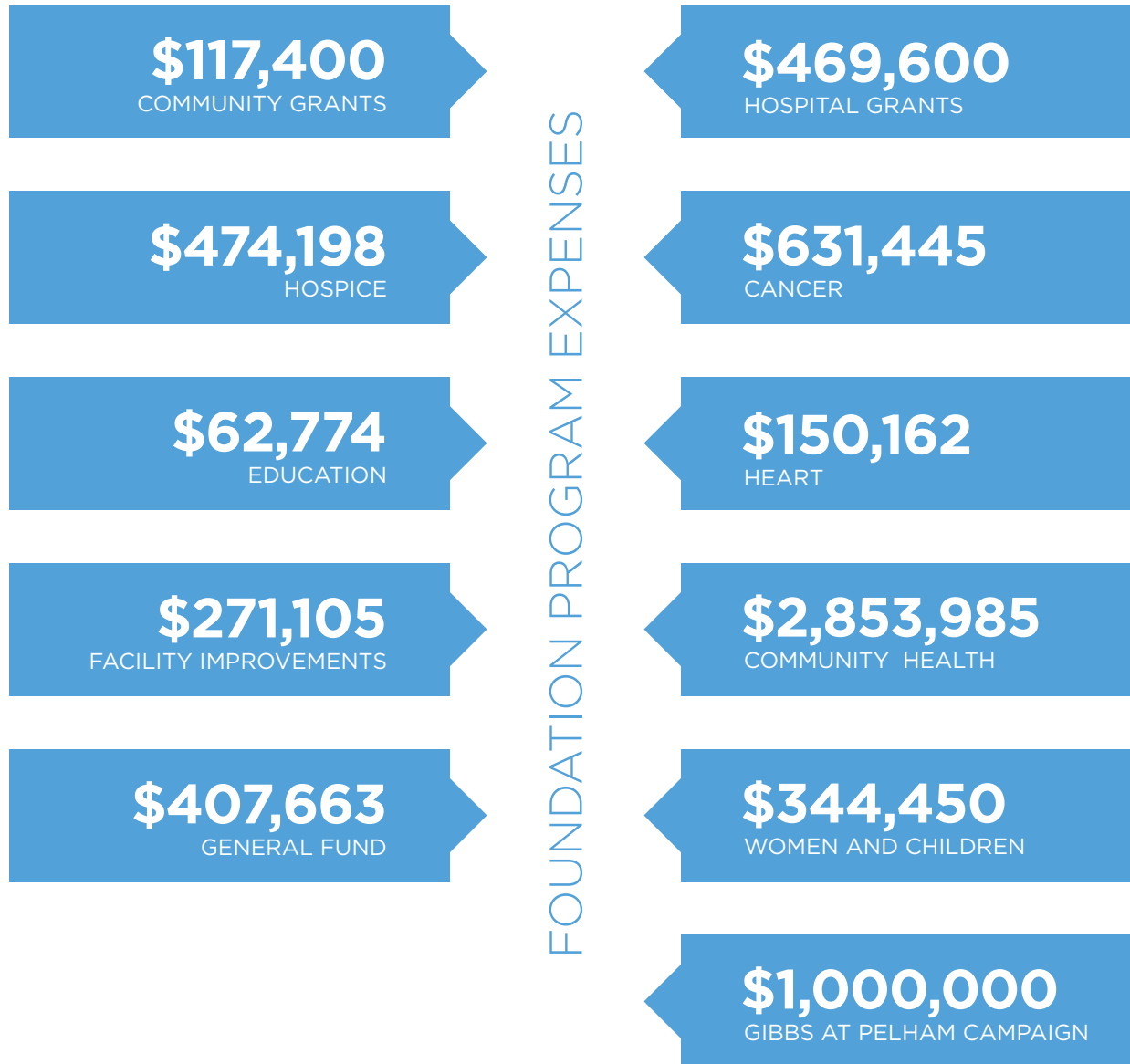


TOTAL



\$5,167,860

FOUNDATION FINANCIALS



TOTAL



\$6,782,782

LEGACY SOCIETY

The Legacy Society recognizes donors who have included the Spartanburg Regional Foundation in their estate planning. Legacy gifts include contributions in a will, qualified retirement plans, life insurance policies, trusts and annuities. Foundation staff members work closely with donors who wish to explore these options as they consider long-range opportunities to support health care in our community.

For more information about the Spartanburg Regional Foundation's Legacy Society, contact Shelly Sinclair at 864-560-6727.

Dr. & Mrs. James D. Bearden III

Dr. & Mrs. Gilbert Bradham

Sheila & Bob Breitweiser

Diane & Robert Butscher

Kristy Caradori & Matt Russ

Dr. & Mrs. Edward R. Cathcart

Nancy & David Church

Dr. and Mrs. Mac Davis

Mr. & Mrs. Andy Falatok

Ms. Heidi From

Mr. Irwin H. From

Marsha & Jimmy Gibbs

Dr. R. Stephen Harley

Renee Hennick

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Lori T. McMillan

Dawn L. Palladino

Jo & Norman Pulliam

Cindy L. Selig

Mr. & Mrs. Terrell Sovey Jr.

Mr. & Mrs. James Fletcher Thompson

Mr. & Mrs. Robert L. Troup

Linda Sangster West

Cile & Nick Wildrick

COMMUNITY LEADER BRINGS MORE THAN 30 YEARS OF HEALTHCARE, FUNDRAISING EXPERIENCE TO POSITION



In March 2023, the Spartanburg Regional Foundation welcomed David Church as its new president. Church brings more than 30 years of healthcare system leadership and fundraising experience to the role.

A lifelong resident of the Upstate of South Carolina, Church has held numerous executive positions within Spartanburg Regional Healthcare System, most recently serving as system vice president of oncology and support services.

Church was instrumental in fundraising efforts that supported the construction of the Hospice Home, the Bearden-Josey Center for Breast Health, Gibbs Cancer Center in Spartanburg, and, most recently, the seven-story, 191,000-square-foot expansion of Gibbs Cancer Center at Pelham.

Passionate about education and shaping the next generation of leaders, Church was named chair of the Spartanburg County Commission for Higher Education in 2020. He also serves as an adjunct professor for the healthcare administration program at Converse University.

Church enjoys spending family time with his wife Nancy and their four daughters and three grandsons.

MEET OUR TEAM

Stacey Burton

Director of Philanthropy

David Church

President

Polly Edwards-Padgett

Senior Director of Strategic Philanthropy

Abby Fearin

Development Coordinator

Sheila Hayward

Database Administrator

Amanda Herin

Senior Director of Operations

Keith Hill

Grants Project Manager

Lisa Patton

Financial Analyst

Rachael Schmidt

Public Health Associate Program – Center for Disease Control

Shelly Sinclair

Senior Director of Philanthropy

Patty Stinson

Project Coordinator

Gina De La Cruz Turcotte

Director of Philanthropy

Kristi Ward

Financial Analyst

Alexis Whitmire

Grants Program Manager



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